



Leuva Patidar  
Samaj of USA

**POWER  
PACKED  
MEMORIAL  
WEEKEND!**

# Women's CONFERENCE

**May 24th-25th, 2014**

**"WOMEN OF POWER, PASSION & PURPOSE"**

**First Time Ever!**

**A Unique Conference for Our Unique Leuva Women**

**Free to Leuva Members**



**EVENT GRAND SPONSOR!**



**For More Information:**

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**Committee Chair**  
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**COMMITTEE TEAM MEMBERS:**

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# Leuva Patidar Samaj of USA

## Women's Conference Schedule

Saturday, May 24th, 2014 @ GCA Hall Nashville, TN

**LEUVA WOMEN:  
FINDING  
A VOICE  
&  
LEADING  
FOR CHANGE  
CONFERENCE**

3:00 pm - 4:30 pm	Hotel Registration / Check-in "Dresscode: Indian suggested"
4:30 pm - 6:30 pm	Conference Registration / Meet 'n' Mingle - Reception / Photo Session
6:30 pm - 7:00 pm	Interactive Networking Ice Breaker
7:00 pm - 8:30 pm	Delectable Dinner
8:30 pm - 11:30 pm	Entertainment - Bollywood Dhamaka & Raas Garba
12:00 am onwards	Slumber Party / Karaoke / Antakshari / Late night snack - (At Hotel) (Bring your best PJ's)

Sunday, May 25th, 2014 @ GCA Hall Nashville, TN

**Good Food**  
*100%  
Delicious!*

7:00 am - 9:00 am	Registration & Breakfast "Dresscode: Business Casual"
9:00 am - 9:30 am	Welcome Addresss
9:30 am - 10:00 am	Guest Speaker - Rudrani Devi "The Choices are all yours - Live the life you are entitled to"
10:00 am - 10:30 am	Women's Health Awareness 'Eat Healthy, Stay Healthy, Live Long'
10:30 am - 10:45 am	Ice Breaker Session
10:45 am - 11:45 am	STRAIGHT TALK - "Real People with Real Experiences" (Compelling true stories that will touch your heart with reality)
12:00 pm - 1:00 pm	Lunch
1:00 pm - 2:30 pm	Society, Peer Pressure & Expectations - Dynamic Interactive Session
2:30 pm - 3:30 pm	Interactive Team Building Session
3:30 pm - 3:45 pm	Coffee & Snack Break
3:45 pm - 5:00 pm	Interactive Break Out Session
5:00 pm - 5:30 pm	Closing Remarks, Sponsor Recognition & Prize Giveaways
6:00 pm - 8:00 pm	Dinner
8:00 pm onwards	Explore Downtown Nashville

### INTERACTIVE BREAK-OUT SESSIONS

**Break Out Session 1: LPS Iron Chefs** - Live interactive Healthy Cooking session & discover eating well with nutrition tips, entertaining menus & healthy recipes to help you make smart choices for a healthy lifestyle. Live in balance and fell your best everyday.

**Break Out Session 2: Public Speaking** - The #1 fear more then death. Learn how to become a confident, eloquent and engaging public speaker no matter what language you speak. Contrary to what you may think, public speaking is not an innate gift. It is a crucial skill you can learn. All of us have the potential to learn to speak and communicate effectively and make yourself unforgettable with your friends, family, customers, employees & co-workers.

**Break Out Session 3: Beauty & Fashion** - Imagine looking and feeling beautiful everyday. Not impossible? While you can with this interactive session of beauty and fashion tips that fit our Indian ethnicity. Beauty is not a competition as all women are naturally beautiful, inside and out. Every woman, including you. You express a unique beauty in the natural movement of your facial features, body language -- even your thoughts and personality. Believing the truth about yourself (you are beautiful) is the first and most important step to look beautiful naturally.

**Break Out Session 4: Yoga, Meditation & Pranayama** - You are in for a relaxing treat with this interactive session to explore your own true authentic self on body, mind and spirit. We all have our personal struggles & battles, so this session will share "tools" to have a healing affect to our inner self! Satnam. "Yoga is the practice of tolerating the consequences of being yourself - Bhagvat Gita.

**Break Out Session 5: Self Defense** - Learn to protect yourself. Life is unpredictable and uncertain. Many people have a "invincibility" myth that nothing bad will ever happen to them. Basic self-defense training can give one the ability to take care of one's self in many dangerous attack situations, along with giving a person the confidence needed to take care of one's self and also to possibility never be a victim in the first place.





Leuva Patidar  
Samaj of USA  
presents the...

Indian Attire  
Suggested at a  
Indian cultural  
night!  
And for a photo  
session!

*Live Concert*



# *Bollywood DHAMAKA*

A MUSICAL EVENING WITH SOOTHING & ROCKING MELODIES!  
Conducted by: SwarSarita Group from India

*& Raas Garba!*

**Saturday, May 24th, 2014**

**Time: 7:30 pm onwards..**

\*Dandiya will be available at  
the Hall

**GCA Hall Nashville**

**4418 Lebanon Pike**

**Hermitage, TN 37076**

**P: 615.902.0044**



# LPS of USA presents the...

*2014 Women's Conference*

*Women of Power, Passion & Purpose!*

**Club Hotel Nashville Inn & Suites, Nashville, TN / May 24-25, 2014**

**REGISTER TODAY!**

Bring your friends, moms, sisters for a fun weekend with other Leuva Women!

REGISTRATION IS 'FREE' AND MUST BE RECEIVED NO LATER THAN FRIDAY, MAY 15th, 2014

Fax To: 866.201.5813 or Register online [www.lpsofusa.com](http://www.lpsofusa.com)

Log in to register or Email: [info@lpsofusa.com](mailto:info@lpsofusa.com), if you need to retrieve your Log-In info.

LPS Member Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Village \_\_\_\_\_

Ph (H) \_\_\_\_\_ Ph (C) \_\_\_\_\_ Email \_\_\_\_\_

Life Member

Annual Member

Non-Member (Leuva)

Attendees 18 & Over	AGE	Email Address

## HOTEL INFORMATION

Following is information on hotel and room rates for the LPS 2014 Women's Conference

### Club Hotel Nashville Inn & Suites

**Room Rates: Single - \$70.00 + Tax / Double - \$79.99 + Tax**

(These rates are valid ten (10) days pre LPS of USA 2014 Women's Conference meeting date and are based on availability.

Complimentary self-parking and WiFi for all attendees staying at Club Hotel Nashville Inn & Suites)

**Address:**

2435 Atrium way, Nashville, TN 37215

Phone: 615.883.0500

Website: [www.clubhotelnashville.com](http://www.clubhotelnashville.com)

### TO MAKE RESERVATIONS:

Please ask for the LPS of USA group rate code: "LPS 2014 Women's Conference"

The cutoff date for these rates is Wednesday, May 14th, 2014